

Quick Care

by *Alegre*
HOME CARE



Enjoying Independent Living is easy to maintain with a little personal attention from Quick Care, by Alegre Home Care.

Quick Care is designed for independent seniors, just like you, to help make life just a little easier. Our Personal Attendants can help with services for as little as \$9 for 15 minutes. We can help with many personal services such as:

- Assistance with Showering/Bathing
- Personal Care/Hygiene
- Medication Reminders
- Appointment Reminders
- Wellbeing Check-In
- Companion Care
- Sorting/Folding/Storing Laundry
- Assistance with Exercises
- Escort to Dining Room
- Shopping
- Dog Walking
- Escort and transportation to errands/shopping/medical appointments

Quick Care by Alegre Home Care brings Assisted Living Services right to you, here in your independent living community. By sharing resources with other residents, or Share Care, we can spread the cost of having a professional, State Licensed and Registered Personal Attendant help you with small tasks without the usual 3-4 hour minimums most agencies require or the risks of hiring independent providers.

We adapt to your ongoing care needs. If your care needs increase, so can our scope of services to include longer hours to help with rehabilitation, or other illnesses, up to 24 hours a day. All with the goal of helping you stay here in your home.

All Personal Attendants are employees of Alegre Home Care and supervised by a qualified Care Manager.

Alegre Home Care is available by phone 24 hours a day, 365 days a year by calling (707) 703-1195. Visit us online at alegrehomecare.com

Alegre Home Care is State Licensed and celebrating over 25 years of service in Northern California.

Licensed by CA Dept. Social Services
Home Care Organization #214700007



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