



November 2020 Solstice Senior Living at Santa Rosa

Friday	Saturday
 Morning News Morning Walk Stay Fit Chair Exercise Corner Store Open 1-3pm Afternoon Walk Activities Packet , Brain Teaser Puzzles Bean Bag Baseball [D] Evening Walk 	9:00 P Morning News 10:00 → Morning Walk 11:00 ★ Musical Memories 11:00 ★ Writer's Workshop 1:45 Afternoon Walk 2:30 ★ Refreshment Cart 3:45 ● BINGO [CL] 6:00 ← Evening Walk
 Morning News Morning Walk The Greatness of Yesterday Corner Store Open 1-3pm Afternoon Walk Activities Packet , Brain Teaser Puzzles Bean Bag Baseball [D] Evening Walk 	9:00 № Morning News 14 10:00 ♥ Morning Walk 11:00 ★ Musical Memories 1:45 ▲ Afternoon Walk 2:30 ★ Refreshment Cart 3:00 ★ Thanksgiving Community Scavenger hunt 3:45 ● BINGO [CL] 6:00 ♥ Evening Walk
 Morning News Morning Walk The Greatness of Yesterday Corner Store Open 1-3pm Afternoon Walk Activities Packet , Brain Teaser Puzzles Bean Bag Baseball [D] Evening Walk 	9:00 P Morning News 21 10:00 ♥ Morning Walk 11:00 ★ Musical Memories 11:00 ★ Writer's Workshop 1:45 @ Afternoon Walk 2:30 ♥ Refreshment Cart 3:45 ● BINGO [CL] 6:00 ♥ Evening Walk
Morning News 27 Morning Walk The Greatness of Yesterday Corner Store Open 1-3pm Afternoon Walk Activities Packet , Brain Teaser Puzzles Bean Bag Baseball [D] Book Club Evening Walk	9:00 P Morning News 28 10:00 ♥ Morning Walk 11:00 ★ Musical Memories 11:00 ★ Writer's Workshop 1:45 @ Afternoon Walk 2:30 ¥ Refreshment Cart 3:45 ● BINGO [CL] 6:00 ♥ Evening Walk
Be Adventurous Be Challenged Be Connected	

- 🖀 Be Family
- 🖈 Be Inspired
- 🔀 Be Social
- 💛 Be Well