


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>3585 Round Barn Blvd Santa Rosa, CA 95403 707-578-8400</p>		<p>9:00  Morning News <b>1</b></p> <p>10:00  Morning Walk</p> <p>10:30  Activities Meeting [C]</p> <p>11:00  Creative Expressions</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:45  Radio BINGO</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>2</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:30  Happy Hour Cart</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>3</b></p> <p>10:00  Morning Walk</p> <p>11:00  Needlecraft</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>2:45  Refreshment Cart</p> <p>3:45  Radio BINGO</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>4</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:00  Corner Store Open 1-3pm</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:30 F  Animal Kingdom</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>5</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stretch &amp; Strength Morning Fitness</p> <p>1:45  Afternoon Walk</p> <p>2:30  Musical Memories</p> <p>2:45  Refreshment Cart</p> <p>3:45  Radio BINGO</p> <p>4:00  Writer's Workshop</p> <p>6:00  Evening Walk</p>	
	<p>9:00  Morning News <b>6</b></p> <p>10:00  Morning Walk</p> <p>10:00  Sunday Devotional</p> <p>11:00  Stretch &amp; Strength Morning Fitness</p> <p>1:45  Afternoon Walk</p> <p>3:00  Hidden Word Search</p> <p>3:30  Meet your neighbors Penpal Letters</p> <p>4:00  Resident Choice</p> <p>6:00  Evening Walk</p>	<p><b>Labor Day</b> <b>7</b></p> <p>9:00  Morning News</p> <p>9:00  Residents Council [CL]</p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:00  Corner Store Open 1-3pm</p> <p>1:45  Afternoon Walk</p> <p>2:30  Labor Day Activities Packet , Brain Teaser Puzzles</p> <p>3:30  Labor Day Root Beer Floats</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>8</b></p> <p>10:00  Morning Walk</p> <p>11:00  Creative Expressions</p> <p>1:30  Meet Chef Alexandria: Food for Thought Meeting [CL]</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:45  Radio BINGO</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>9</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:30  Happy Hour Cart</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>10</b></p> <p>10:00  Morning Walk</p> <p>11:00  Needlecraft</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>2:45  Refreshment Cart</p> <p>3:45  Radio BINGO</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>11</b></p> <p>10:00  Morning Walk</p> <p>10:30  Ukulele Class</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:00  Corner Store Open 1-3pm</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:30 F  Animal Kingdom</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>12</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stretch &amp; Strength Morning Fitness</p> <p>1:45  Afternoon Walk</p> <p>2:30  Musical Memories</p> <p>2:45  Grandparents Day Celebration Cart</p> <p>3:45  Grandparents Day Radio Radio BINGO</p> <p>4:00  Grandparents Wisdom Writer's Workshop</p> <p>6:00  Evening Walk</p>
	<p>9:00  Morning News <b>13</b></p> <p>10:00  Morning Walk</p> <p>10:00  Sunday Devotional</p> <p>11:00  Stretch &amp; Strength Morning Fitness</p> <p>1:45  Afternoon Walk</p> <p>3:00  Hidden Word Search</p> <p>3:30  Meet your neighbors Penpal Letters</p> <p>4:00  Resident Choice</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>14</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:00  Corner Store Open 1-3pm</p> <p>1:30  World Rhythm Drumming Class [M]</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:30  Poetry</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>15</b></p> <p>10:00  Morning Walk</p> <p>–  Activities Meeting [C]</p> <p>11:00  Creative Expressions</p> <p>1:30  Residents/Managers Meeting [CL]</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:45  Radio BINGO</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>16</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:30  Happy Hour Cart</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>17</b></p> <p>10:00  Morning Walk</p> <p>11:00  Needlecraft</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>2:45  Refreshment Cart</p> <p>3:45  Radio BINGO</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>18</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:00  Corner Store Open 1-3pm</p> <p>1:45  Afternoon Walk</p> <p>2:30  Rosh Hashanah Activities Packet , Brain Teaser Puzzles</p> <p>3:30 F  Rosh Hashanah Reading</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>19</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stretch &amp; Strength Morning Fitness</p> <p>1:45  Afternoon Walk</p> <p>2:30  Musical Memories</p> <p>2:45  Rosh Hashanah Refreshment Cart</p> <p>3:45  Radio BINGO</p> <p>4:00  Writer's Workshop</p> <p>6:00  Evening Walk</p>
	<p>9:00  Morning News <b>20</b></p> <p>10:00  Morning Walk</p> <p>10:00  Sunday Devotional</p> <p>11:00  Stretch &amp; Strength Morning Fitness</p> <p>1:45  Afternoon Walk</p> <p>3:00  Hidden Word Search</p> <p>3:30  Meet your neighbors Penpal Letters</p> <p>4:00  Resident Choice</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>21</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:00  Corner Store Open 1-3pm</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:30  Poetry</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>22</b></p> <p>10:00  Morning Walk</p> <p>11:00  Creative Expressions</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:45  Radio BINGO</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>23</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:30  Happy Hour Cart</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>24</b></p> <p>10:00  Morning Walk</p> <p>11:00  Needlecraft</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>2:45  Refreshment Cart</p> <p>3:45  Radio BINGO</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>25</b></p> <p>10:00  Morning Walk</p> <p>10:30  Ukulele Class</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:00  Corner Store Open 1-3pm</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:00  Book Club</p> <p>3:30 F  Animal Kingdom</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>26</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stretch &amp; Strength Morning Fitness</p> <p>1:45  Afternoon Walk</p> <p>2:30  Musical Memories</p> <p>2:45  Refreshment Cart</p> <p>3:45  Radio BINGO</p> <p>4:00  Writer's Workshop</p> <p>6:00  Evening Walk</p>
	<p>9:00  Morning News <b>27</b></p> <p>10:00  Morning Walk</p> <p>10:00  Sunday Devotional</p> <p>11:00  Stretch &amp; Strength Morning Fitness</p> <p>1:45  Afternoon Walk</p> <p>3:00  Hidden Word Search</p> <p>3:30  Meet your neighbors Penpal Letters</p> <p>4:00  Resident Choice</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>28</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:00  Corner Store Open 1-3pm</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:30  Poetry</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>29</b></p> <p>10:00  Morning Walk</p> <p>11:00  Creative Expressions</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:45  Radio BINGO</p> <p>6:00  Evening Walk</p>	<p>9:00  Morning News <b>30</b></p> <p>10:00  Morning Walk</p> <p>11:00  Stay Fit Chair Exercise</p> <p>1:45  Afternoon Walk</p> <p>2:30  Activities Packet , Brain Teaser Puzzles</p> <p>3:30  Happy Hour Cart</p> <p>5:00  Birthday Dinner [D]</p> <p>6:00  Evening Walk</p>	<p><b>Location Keys</b></p> <p>Craft Room C</p> <p>Dining Room D</p> <p>Music Room M</p> <p>The Commons Lounge CL</p> <p> Be Adventurous</p> <p> Be Challenged</p> <p> Be Connected</p> <p> Be Family</p> <p> Be Inspired</p> <p> Be Social</p> <p> Be Well</p>		