Wibrant life

			BE VIBRANT. BE YOU.		Solstice Senior I	Living at Santa Rosa
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT SANTA ROSA	3585 Round Barn Blvd Santa Rosa, CA 95403 707-578-8400	Location Keys  Craft Room C Dining Room D Fireside Room FR Library L Lobby LB Music Room M The Commons Lounge CL	Be Adventurous  Be Challenged  Be Family  Be Inspired  Be Social  Be Well		10:45 Stay Fit Forever Class w/ Marianne [M] 1:00 Watercolor Class & Mixed Media [C] 3:30 Meet your neighbors [LB] 6:30 Friday Night at the Movies [L] 6:30 Poker [CL]	9:00 ♥ Walking Friends [LB] 10:00 ♥ "The Crown"     Viewing and Discussion [L] 11:00 ★ Music & Coloring Relaxation     Hour [C] 12:00 馨 Family Lunch [D] 2:45 ₱ Bean Bag Baseball [M] 6:30 ♥ Saturday Night at the Movies     [L]
Daylight Saving Time Begins 8:30  Hidden Word Search [LB] 9:00  Walking Friends [LB] 9:30  Protestant Service [CL] 10:00  Catholic Service [L] 1:00  Rummikub [CL] 2:00  Playing Domino [CL] 4:00  Board Games Hour [CL] 6:15  Bingo [CL] 6:30  Sunday Night at the Movies [L]	9:00 Hidden Word Search [LB] 9:00 Residents Council [CL] 10:45 Stay Fit Forever Class w/ Marianne [M] 1:00 Corner Store Open 1-3pm 2:45 Bean Bag Baseball [M] 6:15 Bunco [CL] 6:30 Monday Night at the Movies [L]	Election Day  10:00 Brain Fitness [C]  1:00 Consumer Issues and Current Events - SRJC Discussion Class [CL]  3:30 Crossword Club [C]  6:30 Poker [CL]  6:30 Tuesday Night at the Movies [L]	9:30 © Errand Day with Bus Service [LB]  10:45 Stay Fit Forever Class w/ Marianne [M]  1:15 Writer's Workshop [C]  4:00 Wednesday Wine Social Hour [FR]  6:15 Scrabble Night [CL]  6:30 Wednesday Night at the Movies [L]	10:00 Needlecraft with Helena [C] 1:15 Angie's Coffee Social [LB] 1:30 器 Balance Class 2:45 □ Bean Bag Baseball [M] 3:00 □ Skip-Bo [CL] 6:30 ★ Bible Study [L]	10:45 Stay Fit Forever Class w/Marianne [M] 1:00 Watercolor Class & Mixed Media [C] 3:00 Happy Hour: Sebastopol Senior Singers [LB] 6:30 Friday Night at the Movies [L] 6:30 Poker [CL]	9:00 Walking Friends [LB] 10:00 The Crown" Viewing and Discussion [L] 11:00 Music & Coloring Relaxation Hour [C] 12:00 Family Lunch [D] 2:45 Pean Bag Baseball [M] 6:30 Saturday Night at the Movies [L]
8:30  Hidden Word Search [LB] 9:00  Walking Friends [LB] 9:30  Protestant Service [CL] 10:00  Catholic Service [L] 1:00  Rummikub [CL] 2:00  Playing Domino [CL] 4:00  Board Games Hour [CL] 6:15  Bingo [CL] 6:30  Sunday Night at the Movies [L]	Veterans Day 9:00 Hidden Word Search [LB] 10:30 Vukulele Class [M] 10:45 Stay Fit Forever Class w/Marianne [M] 1:00 Corner Store Open 1-3pm 1:30 World Rhythm Drumming Class [M] 2:45 PBean Bag Baseball [M] 6:15 WBunco [CL] 6:30 Monday Night at the Movies [L]	10:00 Brain Fitness [C] 10:30 Activities Meeting - Vibrant Life 1:00 Consumer Issues and Current Events - SRJC Discussion Class [CL] 1:30 Meet Chef Alexandria: Food for Thought Meeting [CL] 3:30 Crossword Club [C] 6:30 Poker [CL] 6:30 Tuesday Night at the Movies [L]	10:30 Weekly Excursion: [LB] 10:45 Stay Fit Forever Class w/Marianne [M] 1:15 Writer's Workshop [C] 4:00 Wednesday Wine Social Hour- Entertainment provided by Hired Hands Homecare [FR] 5:00 Birthday Dinner [D] 6:15 Scrabble Night [CL] 6:30 Wednesday Night at the Movies [L]	10:00 Blood Pressure Checks- provided by At Home Nursing [LB] 10:00 Needlecraft with Helena [C] 10:30 P Ukulele Class [M] 1:15 Angie's Coffee Social [LB] 1:30 Balance Class 2:45 P Bean Bag Baseball [M] 3:00 Skip-Bo [CL] 6:30 Bible Study [L]	- P Activities Meeting [C] 10:45 ♥ Stay Fit Forever Class w/Marianne [M] 1:00 ❤ Watercolor Class & Mixed Media [C] 3:00 ❤ Mathew Gallub:Children's Author and Story Performer [LB] 6:30 ❤ Friday Night at the Movies [L] 6:30 P Poker [CL]	9:00 ♥ Walking Friends [LB] 16 10:00 ♥ "The Crown" Viewing and Discussion [L] 11:00 ★ Music & Coloring Relaxation Hour [C] 12:00 馨 Family Lunch [D] 2:45 ₱ Bean Bag Baseball [M] 6:30 ♥ Saturday Night at the Movies [L]
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